

Bilaga till reportaget: "Ny avhandling: Muskelstyrka och styrketräning för kvinnor med fibromyalgi – ett personcentrerat perspektiv", sid 12-14 SENS nr 3, 2018

Referenser

1. Queiroz LP. Worldwide epidemiology of fibromyalgia. *Current pain and headache reports*. 2013;17(8):356.
2. Wolfe F, Ross K, Anderson J, Russell IJ, Hebert L. The prevalence and characteristics of fibromyalgia in the general population. *Arthritis Rheum*. 1995;38(1):19-28.
3. Wolfe F, Smythe HA, Yunus MB, Bennett RM, Bombardier C, Goldenberg DL, et al. The American College of Rheumatology 1990 Criteria for the Classification of Fibromyalgia. Report of the Multicenter Criteria Committee. *Arthritis Rheum*. 1990;33(2):160-72.
4. Góes SM, Leite N, Shay BL, Homann D, Stefanello JMF, Rodacki ALF. Functional capacity, muscle strength and falls in women with fibromyalgia. *Clinical Biomechanics*. 2012.
5. Mannerkorpi K, Burckhardt CS, Bjelle A. Physical performance characteristics of women with fibromyalgia. *Arthritis Care Res*. 1994;7(3):123-9.
6. Henriksson C, Gundmark I, Bengtsson A, Ek AC. Living with fibromyalgia. Consequences for everyday life. *Clin J Pain*. 1992;8(2):138-44.
7. Busch AJ, Webber SC, Richards RS, Bidonde J, Schachter CL, Schafer LA, et al. Resistance exercise training for fibromyalgia. *Cochrane Database Syst Rev*. 2013;12:CD010884.
8. Jones KD, Horak FB, Winters KS, Morea JM, Bennett RM. Fibromyalgia is associated with impaired balance and falls. *Journal of clinical rheumatology: practical reports on rheumatic & musculoskeletal diseases*. 2009;15(1):16.
9. Soriano-Maldonado A, Ruiz JR, Aparicio VA, Estévez-López F, Segura-Jiménez V, Álvarez-Gallardo IC, et al. Association of Physical Fitness with Pain in Women with Fibromyalgia: The al-Ándalus project. *Arthritis Care Res*. 2015.
10. Larsson A, Palstam A, Bjersing J, Löfgren M, Ernberg M, Kosek E, et al. Controlled, cross-sectional, multi-center study of physical capacity and associated factors in women with fibromyalgia. *BMC Musculoskelet Disord*. 2018;19(1):121.
11. Ross CE, Wu C-I. The links between education and health. *Am Sociol Rev*. 1995:719-45.
12. White KP, Speechley M, Harth M, Ostbye T. The London Fibromyalgia Epidemiology Study: the prevalence of fibromyalgia syndrome in London, Ontario. *The Journal of rheumatology*. 1999;26(7):1570-6.
13. Nelson ME, Rejeski WJ, Blair SN, Duncan PW, Judge JO, King AC, et al. Physical activity and public health in older adults: recommendation from the American College of Sports Medicine and the American Heart Association. *Circulation*. 2007;116(9):1094.

14. Chodzko-Zajko WJ, Proctor DN, Fiatarone Singh MA, Minson CT, Nigg CR, Salem GJ, et al. American College of Sports Medicine position stand. Exercise and physical activity for older adults. *Med Sci Sports Exerc.* 2009;41(7):1510-30.
15. Salaffi F, Stancati A, Alberto Silvestri C, Ciapetti A, Grassi W. Minimal clinically important changes in chronic musculoskeletal pain intensity measured on a numerical rating scale. *European Journal of Pain.* 2004;8(4):283-91.
16. Hakkinen A, Hakkinen K, Hannonen P, Alen M. Strength training induced adaptations in neuromuscular function of premenopausal women with fibromyalgia: comparison with healthy women. *Ann Rheum Dis.* 2001;60(1):21-6.
17. Bircan C, Karasel SA, Akgun B, El O, Alper S. Effects of muscle strengthening versus aerobic exercise program in fibromyalgia. *Rheumatol Int.* 2008;28(6):527-32.
18. Jones KD, Burckhardt CS, Clark SR, Bennett RM, Potempa KM. A randomized controlled trial of muscle strengthening versus flexibility training in fibromyalgia. *J Rheumatol.* 2002;29(5):1041-8.
19. Kayo AH, Peccin MS, Sanches CM, Trevisani VF. Effectiveness of physical activity in reducing pain in patients with fibromyalgia: a blinded randomized clinical trial. *Rheumatol Int.* 2011.
20. McCracken LM, Vowles KE, Eccleston C. Acceptance of chronic pain: component analysis and a revised assessment method. *Pain.* 2004;107(1-2):159-66.
21. Maquet D, Croisier JL, Renard C, Crielaard JM. Muscle performance in patients with fibromyalgia. *Joint Bone Spine.* 2002;69(3):293-9.
22. Panton LB, Figueroa A, Kingsley JD, Hornbuckle L, Wilson J, St John N, et al. Effects of resistance training and chiropractic treatment in women with fibromyalgia. *J Altern Complement Med.* 2009;15(3):321-8.
23. den Ouden ME, Schuurmans MJ, Arts IE, van der Schouw YT. Physical performance characteristics related to disability in older persons: a systematic review. *Maturitas.* 2011;69(3):208-19.
24. Mannerkorpi K, Svantesson U, Broberg C. Relationships between performance-based tests and patients' ratings of activity limitations, self-efficacy, and pain in fibromyalgia. *Arch Phys Med Rehabil.* 2006;87(2):259-64.
25. Kristensen J, Franklyn-Miller A. Resistance training in musculoskeletal rehabilitation: a systematic review. *Br J Sports Med.* 2012;46(10):719-26.
26. Macfarlane GJ, Kronisch C, Dean LE, Atzeni F, Hauser W, Fluss E, et al. EULAR revised recommendations for the management of fibromyalgia. *Ann Rheum Dis.* 2016.
27. Larsson ME, Nordholm LA, Öhrn I. Patients' views on responsibility for the management of musculoskeletal disorders—A qualitative study. *BMC Musculoskelet Disord.* 2009;10(1):103.

28. Joelsson M, Bernhardsson S, Larsson ME. Patients with chronic pain may need extra support when prescribed physical activity in primary care: a qualitative study. *Scand J Prim Health Care*. 2017;35(1):64-74.
29. Mannerkorpi K, Kroksmark T, Ekdahl C. How patients with fibromyalgia experience their symptoms in everyday life. *Physiother Res Int*. 1999;4(2):110-22.
30. Nijs J, Roussel N, Van Oosterwijck J, De Koning M, Ickmans K, Struyf F, et al. Fear of movement and avoidance behaviour toward physical activity in chronic-fatigue syndrome and fibromyalgia: state of the art and implications for clinical practice. *Clin Rheumatol*. 2013;32(8):1121-9.
31. Van Liew C, Brown KC, Cronan TA, Bigatti SM, Kothari DJ. Predictors of pain and functioning over time in fibromyalgia syndrome: an autoregressive path analysis. *Arthritis Care Res*. 2013;65(2):251-6.
32. Larsson A, Palstam A, Löfgren M, Ernberg M, Bjersing J, Bileviciute-Ljungar I, et al. Resistance exercise improves muscle strength, health status and pain intensity in fibromyalgia—a randomized controlled trial. *Arthritis Res Ther*. 2015;17(1):1-15.
33. Feldthusen C, Dean E, Forsblad-d'Elia H, Mannerkorpi K. Effects of Person-Centered Physical Therapy on Fatigue-Related Variables in Persons With Rheumatoid Arthritis: A Randomized Controlled Trial. *Arch Phys Med Rehabil*. 2016;97(1):26-36.
34. Mannerkorpi K, Nordeman L, Ericsson A, Arndorw M, Group GAUS. Pool exercise for patients with fibromyalgia or chronic widespread pain: a randomized controlled trial and subgroup analyses. *J Rehabil Med*. 2009;41(9):751-60.
35. Mannerkorpi K, Nyberg B, Ahlmen M, Ekdahl C. Pool exercise combined with an education program for patients with fibromyalgia syndrome. A prospective, randomized study. *J Rheumatol*. 2000;27(10):2473-81.
36. Mannerkorpi K, Nordeman L, Cider A, Jonsson G. Does moderate-to-high intensity Nordic walking improve functional capacity and pain in fibromyalgia? A prospective randomized controlled trial. *Arthritis Res Ther*. 2010;12(5):R189.